

BROCKHURST & MARLSTON HOUSE SCHOOLS

WEDNESDAY

BREAKFAST

LUNCH

SUPPER

GF

V?GF

GF/DF

Potato Scones & Beans

EXTRAS

Fresh Cut Fruit
Continental
Toast & Spreads
Cereals
Decaffeinated Tea

Roasted Chicken Thigh Vegetarian Loaf Roast Potatoes Sliced Carrots Gravy

Jam Sponge & Custard

DF/GF Cheese & Ham Omelle
DF/GF Cheese & Tomato Omelette
V/DF Baked Wedge Potato
Mlxed Green Salad

Apple Crumble with cream

IN ADDITION ...

soup of the Day with Crusty Fresh Homemade Bread, Pasta of the Day, Jacket Potato & Beans

SALAD BAR

Lettuce, Carrots, Tomatoes, Cucumber, Wafer Thin Sliced Ham, Green & Red Peppers, Egg Mayonnaise, Sliced Turkey Ham, Boiled Eggs, Sweetcorn, Coleslaws, Tuna, Mature Cheddar, Freshly Baked Baguettes, Pasta Salad, Fresh Fruit