

BROCKHURST & MARLSTON HOUSE SCHOOLS

WEDNESDAY

BREAKFAST

LUNCH

SUPPER

GF

V?GF

GF/DF

Potato Scones & Beans

EXTRAS

Fresh Cut Fruit
Continental
Toast & Spreads
Cereals
Decaffeinated Tea

Pork Meatballs in a Tomato DF Sauce Vegan Meatballs in a Tomato V/DF Sauce Spaghetti

Oaty Apple Crumble

Peas

Cheese & Ham Omelle Cheese & Tomato Omelette Baked Wedge Potato Mlxed Green Salad

Thick Sliced Melon

IN ADDITION ...

soup of the Day with Crusty Fresh Homemade Bread, Pasta of the Day, Jacket Potato & Beans

SALAD BAR

Lettuce, Carrots, Tomatoes, Cucumber, Wafer Thin Sliced Ham, Green & Red Peppers, Egg Mayonnaise, Sliced Turkey Ham, Boiled Eggs, Sweetcorn, Coleslaws, Tuna, Mature Cheddar, Freshly Baked Baguettes, Pasta Salad, Fresh Fruit