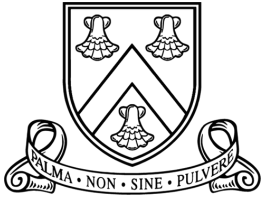


BROCKHURST & MARLSTON HOUSE SCHOOLS



W E D N E S D A Y

B R E A K F A S T

Bagels, Cream Cheese & Bacon

EXTRAS

Fresh Cut Fruit
Continental
Toast & Spreads
Cereals
Decaffeinated Tea

L U N C H

Chicken Korma
"Meaty" Korma
Fragrant Rice
Buttered Sweetcorn

Vanilla Cheesecake

DF/GF
V GF/DF
GF/DF
GF/DF

S U P P E R

Beef with Green Peppers & Black
Bean Sauce

Veggie In Black Bean Sauce V
Fresh Egg Noodles DF
Bok Choi & Sugar Snap Peas GF/DF

Chocolate Chip Flapjack

I N A D D I T I O N . . .

Soup of the Day with Crusty Fresh Homemade Bread, Pasta of the Day, Jacket Potato & Beans

S A L A D B A R

Lettuce, Carrots, Tomatoes, Cucumber, Wafer Thin Sliced Ham, Green & Red Peppers, Egg
Mayonnaise, Sliced Turkey Ham, Boiled Eggs, Sweetcorn, Coleslaws, Tuna, Mature Cheddar, Freshly
Baked Baguettes, Pasta Salad, Fresh Fruit

V - Vegetarian GF - Gluten Free DF - Dairy Free

