



JUDO Mass Training 2010

first Sunday of each Month

February - July

Where:

Nuffield Health Club
Newbury Racecourse RG14 7PN

When:

1st Sunday of each Month

Time:

2.00 to 3.30pm

Fee:

£8.00 per Judo Player

While you wait: we offer you the opportunity of a FREE 'family pass' for the afternoon providing access to the Nuffield sports facilities, including swimming pool. Nuffield Health is the ideal family venue; a good size hall for Judo and comfortable family friendly environment with relaxing seating areas, TV and much more.

Colin Small and the ProCoachTeam monthly 'Mass Training' sessions are held on the 1st Sunday of each month at Nuffield Health Club (health club membership not required).

Following the tremendous success of our first mass training event in 2009 we recommend you **book early to avoid disappointment** at our future events in 2010.

'Mass Training' is a fantastic way for pupils to meet and practice with other Judo players from many different local schools. This kind of Judo training is so important to their **overall Judo development**. It offers players the opportunity to experiment with techniques learned at school against players they don't normally train with and who don't know their Judo inside out! Our 'Mass Training' sessions are aimed to give pupils a complete Judo-pathway to reach their full potential... even follow their teachers to Judo Black Belt success and even international competition!

Parents - please come and support us so that we can help your children reach their full potential

Advance Bookings: Whilst you are welcome to turn-up on the day it is always helpful for us to have an advanced indication of people wishing to attend. To help us in this way, please complete the form below and either give it to your Judo Teacher or hand it in to the school office at least one week before the session.

Judo Mass Training - Booking Form

Pupil Name:

School

Parent Name:

Parental Signature:

Parent Contact Tel No.:

House name/number:

Post Code:

email address:

Do you intend to use the Nuffield Health facilities? Y / N

Session Fee: £8.00 per Judo Player. Please make cheque payable to: ProCoach Judo

Booking Dates: 7th Feb [] 7th Mar [] 4th Apr [] 2nd May [] 6th Jun [] 4th July []

Are there any medical conditions ProCoach should be aware of? Y/N

Please provide such details on the reverse of this form

Note: if you decide to take-up the offer of a FREE Nuffield Health 'family pass' for the afternoon your details will be shared with Nuffield Health who may wish to contact you about your FREE 'family pass' experience.

Please write clearly of this form to assist with our administration records

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